

Your Testing and Procedure Schedule

Your doctor has scheduled you for the following surgical procedure:

Bariatric Surgery Breast Surgery
Ears, Nose, Throat Surgery Eye Surgery
Laparoscopic Surgery Orthopedic Surgery
Pain Management Services Spine Surgery
Urologic Surgery Vascular Surgery

Other: _____

Monday Tuesday

Wednesday Thursday

Friday

Date: _____

Surgeon: _____

Surgeon Phone
Number: _____

Your physician may order Pre-Admission Testing (PATs) to be done before your surgery. If you require testing please bring your prescription, insurance card, and identification to the Outpatient Registration Pavilion in the rear of the hospital at least 7 to 10 days before your day of surgery. No appointment is necessary and business hours are **Monday through Friday, 7:00 a.m. to 5:30 p.m.**, or **Saturday 8:30 a.m. to 11:30 a.m.** If you have any questions regarding pre-admission testing, please call **732.739.5950**.



Dear Patient,

Thank you for choosing Bayshore Community Hospital for your surgical health care needs. We understand that undergoing surgery can be an uneasy and somewhat confusing time, and we want you to know we are here for you every step of the way. This guide will help prepare you for your surgery from the time your surgeon schedules your appointment, through your recovery. If you have additional questions please call **732.739.5962** and we will be happy to assist you.

Thank you,
Surgical Services Team

Directions

From the Garden State Parkway

Use Exit 117. After toll booth, make immediate right (follow Hospital sign) onto Clark Street to first stop sign. Turn right onto North Beers Street. Continue through one traffic light. Bayshore Community Hospital is on your left.

From Route 35

Take Route 35 South: Turn right onto Holmdel Road. Continue through one traffic light and turn right onto N. Beers Street. Bayshore Community Hospital is on your right.

From Route 35 North: Take the jughandle near The Seagull Restaurant onto Holmdel Road. Continue through one traffic light and turn right onto N. Beers Street. Bayshore Community Hospital is on your right.

From Highway 36

From Route 36 South: Turn right onto Poole Avenue. When you cross over Route 35, Poole Ave. becomes Bethany Road. At the third light, turn left onto N. Beers Street. Bayshore Community Hospital is on your left.

From Route 36 North: Take the jughandle at Poole Avenue. When you cross over Route 35, Poole Ave. becomes Bethany Road. At the third light, turn left onto N. Beers Street. Bayshore Community Hospital is on your left.



727 North Beers Street
Holmdel, NJ 07733
732.739.5900

BayshoreHospital.org

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Patient Guide to Same Day Surgery



Preparing for Your Surgery

To ensure your surgical experience runs smoothly, there are a few important things to know prior to arriving for your procedure. One of our registered nurses will contact you prior to your procedure date for a 30 minute phone assessment. This call will allow us to obtain your medical history, a list of medications, identify any special needs you may have, and answer questions you have prior to your procedure.

If you get a cold or other illness 24-48 hours before surgery, please consult with your physician prior to your arrival.

If you are taking Plavix, aspirin, or blood thinners please speak with your physician (surgeon, primary care, and/or cardiologist) about whether you will need to stop taking these prior to surgery.

Financial and Insurance Information:

If you anticipate any problems or don't have insurance please call the Billing Department at **732.530.2250**. Please be advised you will receive separate bills from your physician/surgeon, anesthesiologist, or pathologist and payment arrangements should be made between you and the provider.

The Day Before Surgery:

Please call **732.739.5962** after **3:30 p.m.** the day before your procedure to confirm your appointment and receive pre-operative instructions to plan for your arrival. If your surgery is scheduled for Monday, please call on Friday.

Do not eat or drink anything after midnight on the night before your surgery, this includes mints and gum. Your nurse will instruct you as to whether or not you may have a sip of water with your medication.

Your nurse will instruct you as to whether or not you should continue taking medications. Smoking and alcohol consumption should also stop the day before your surgery.

Day of Surgery

What to Bring:

- Glasses, hearing aids, dentures, crutches, walkers, canes, wheelchairs, and list of medicines. Pediatric patients may bring their favorite toy or blanket.
- Two forms of identification including: a driver's license and insurance card.
- Do not bring money or valuables.

What to Wear:

Please wear comfortable, loose-fitting clothing that will allow room for a possible cast or brace. If you are undergoing shoulder surgery, you should refrain from wearing clothes that go over your head.

What Time to Arrive:

You may be asked to arrive up to 2 hours prior to your scheduled appointment. Please make every effort to arrive at the time in which you are asked, as lateness could result in a delay or rescheduling of your appointment.

Where to Park:

Free parking is available in front of the Hospital, or you may use the complimentary valet parking also located at the front entrance.

Where to Go:

Enter through the front entrance and notify the desk attendant that you are here for Same Day Surgery. They will then direct you to the waiting area.

Your Procedure:

You will be cared for by a professional, experienced, and caring surgical team who work diligently to create a harmonious, therapeutic, and technologically advanced environment for you and your family throughout the surgical process. Depending on your procedure, you may spend time in the Post Anesthesia Care Unit following your surgery and then go back to Same Day Surgery. If not, you will return directly to Same Day Surgery. Your nurse will inform you and your visitor of your specific post procedure plan prior to your surgery.

Day of Surgery and Beyond

Your Visitors-Our Guests:

Our mission to provide you with the best health care experience extends to those accompanying you as well. Whether they choose to wait for you in the surgical waiting area, cafeteria, or outside the Hospital, our team will ask for one cell phone number to call when the procedure is finished. We remind our guests that children should always be accompanied by a parent or responsible adult, only authorized personnel are permitted in the treatment areas, and Bayshore is a smoke-free campus.

Concierge Care:

This complimentary service is available to all patients and guests of the Hospital to address non-clinical needs. From transportation to information requests, Concierge Care is here to help! To take advantage of Concierge Care please call **732.739.5900** and ask for **extension 1111** or visit the Concierge Desk in the front lobby.

After Surgery, Leaving the Medical Center:

Upon discharge, your doctor or nurse will explain proper home care and provide you with a copy of instructions and phone numbers in case of questions or concerns after you are home. Remember you need to arrange for someone to drive you home after your surgery.

Follow-Up:

You will receive a post-operative follow-up phone call from one of our Same Day Surgery Registered Nurses within 72 hours of returning home. In addition you will receive a patient satisfaction survey in the mail. In order to continue providing you with the highest quality of care, we ask that you take a few moments to complete this survey and return it to us at your earliest convenience.



Contact Information

Billing Department

For questions about hospital billing or insurance:
732.530.2250

Questions about Anesthesia billing or insurance
732.899.0868

Medical Records

To obtain your hospital medical record:
732.739.5985

Find a Physician
800.560.9990

Bayshore Community Hospital
732.739.5900
BayshoreHospital.org

Same Day Surgery
732.739.5962